

# THE WALKING PARTY

## ITINERARY FOR THE FRENCH COOKING WEEKEND HOP

Price: 690 euros    Single supplement: 190 euros

Walking : easy



### INTRODUCTION

*James and Diana have loved cooking all their lives. Well maybe not Diana but now she has become famed for her picnics and biscuits and cakes.*

*This is a chance to leave your winter worries at your doorstep and hop over to France to be seduced by French cooking and wines.*

*You will stay at the home of your hosts. This is a charming property that was once a small hamlet of three houses which crown a magnificent hilltop rural position.*

### ITINERARY

#### **Day 1 Friday Bonjour**

You arrive at Toulouse airport in the late evening to be met by James. You will be driven to Lario the home of James and Diana just south of the Dordogne in the heart of the Quercy Blanc. You stay in a charming eighteenth century white stone Quercy house. All bedrooms have bathrooms en suite. There is a spacious open plan kitchen / dining room / sitting room which is a lovely place to relax. Ah how wonderful to enjoy the weekend off!

#### **Day 2 Saturday Cahors market**

You are greeted in the morning by a table laden with croissants, pains chocolats, jams, fresh fruit juice, fruits and strong black coffee. Then after a short introductory talk you will set off in the car to Cahors for the big bright market. Cahors is a charming medieval city sitting on an ox bow of the river Lot. You can imbue yourselves in French culture here before we return home to start cooking lunch. In the

afternoon a short walk through the woods before relaxing in your idyllic setting. Perhaps a wine tasting chateau visit for those not wishing to rest! Late afternoon we shall start cooking dinner. Dinner will be with James and Diana with aperitifs and later armagnac around the roaring fire.

### **Day 3 Sunday Montcuq market**

More croissants and breakfast delights including the most beautifully truffled egg!. A discussion about food and wine before you set off for the market of the pretty medieval village of Montcuq. There is time to amble along the stalls and have a coffee in the Café de France underneath the massive chestnut tree looking up towards the twelfth century castle keep. You will then be driven back to Lario for some lunchtime cooking. For instance After lunch maybe a small walk before you visit the farmhouse of Christiane who will give us a demonstration on how to make the delicate pastry dish called Pastis. This is a very theatrical and dexterous affair! You will then return to Lario to start the cooking of other delightful delicacies for dinner and fireside talk.

*Walk: 3 miles*

### **Day 4 Monday**

More croissants and breakfast delights Our final day's cooking. Lunchtime will see the working of the foie gras perhaps. A terrine layered with freshly cut artichoke hearts not only is a pleasure of the palate but also a most divine work to look at. After lunch we will walk through the beautiful Quercy landscape before setting off to Toulouse airport.

*Walk: 3 miles*



*NOTE: The itinerary is subject to change according to local conditions. All mileages are approximate.*

*Bergerac is also available as an airport if coming as a group.*