

# Itinerary – Suffolk Coast

## **A Taste of Suffolk Coast : Day 1**

You will be met at Stansted airport in the morning and driven to the beautiful coastal village of Southwold. This is one of the beautiful fishing ports of Suffolk and home to the great brewery of Adnams. We stay in the centre of the town in the heart of Southwold and your hotel has lovely bedrooms all with bathrooms en suite. Views are either over the sea, the market or the garden. It is a lovely hotel to start the coastal week. In the afternoon we will drive to set off for a walk along the sea shore. Dinner at the hotel. Walk: 9kms

## **A Taste of Suffolk Coast : Day 2**

After another delightful English breakfast we will visit the famous brewery of Adnams. This is a world class family run brewery. We will then walk from Southwold to the small port of Walberswick. This is a place where famous journalists, writers and film directors like to dwell. We will then continue for lunch at The Ship Inn, once a smuggler's haven, at the ancient village of Dunwich. Dunwich was a large port and the capital of East Anglia 1500 years ago before most of it got swept into the sea with erosion. After looking at Dunwich we will continue on foot to a small charming village. Return to Southwold by car. Dinner in Southwold. Walk: 10 kms

## **A Taste of Suffolk Coast : Day 3**

We leave Southwold in the vehicles and drive to the coast to start the mornings walk. This is a lovely marshy walk that will lead us to the RSPB reserve of Minsmere. After a guided tour and a look to see what birds we may see (Marsh Harriers, Avocets, Bearded Tits, Red breasted Mergansers ...) we will carry on for a local lunch in a popular pub. After lunch we will continue by foot to a coastal village for tea. Drive or walk to Aldeburgh. Dinner at your hotel. Walk: 15 kms

## **A Taste of Suffolk Coast : Day 4**

After breakfast we will wander through this most beautiful of British village ports. We will visit Benjamin Britten's 'Red House'. 2014 is celebrating the anniversary of the birth of Benjamin Britten. Time off before meeting for a fish and chip picnic on the beach. These fish and chips will come from one of the best fish and chip shops in the country which is found on the front! In the afternoon we will walk across the marshes to build up an appetite for the evening's dinner. Walk: 8 kms

## **A Taste of Suffolk Coast : Day 5**

Drive after breakfast to the Suffolk Punch Trust which is probably the oldest stud farm in the world for the famous Suffolk Punch Horse. After the visit we will drive to a village to walk to the old port of Orford. We will board the Lady Florence boat and eat lunch whilst cruising along the rivers Alde and Or. Visit the castle. Drive back to Aldeburgh for a sundowner on beach. Dinner in Aldeburgh. Walk: 8 kms

## **A Taste of Suffolk Coast : Day 6**

After breakfast a drive to another pretty village. From here we walk for a lunch on the estuary overlooking the boats. We will ferry across the estuary after lunch and walk to finish the day with a refreshing drink in the pub. Dinner back at Aldeburgh at the hotel. Walk: 12 kms

## **A Taste of Suffolk Coast : Day 7**

We leave Aldeburgh in the morning, after breakfast for Stansted or Ipswich station.

